



From [Hartford Street Zen Center](#)

Sorry for the short notice, but we'll be having our monthly Full-Moon Bodhisattva Ceremony this evening at 6:40, right after the 6 o'clock period of zazen (seated meditation). The ceremony is a renewal of our Bodhisattva Precepts, and takes about a half-hour to complete. There are more than thirty full prostrations involved, but standing bows are also fine. Everyone is welcome to attend.

